



## Pediatric Cardiac Fitness and Rehabilitation Programs for Congenital Heart Disease: Data and Outcomes

### Live Webinar

Friday, September 24, 2021, from 7:30-9 p.m. EST

Saturday, September 25, 2021, from 9 a.m.–2:45 p.m. EST

### Overview

As cardiac rehabilitation programs for patients with congenital heart disease grow in number and delivery formats, systematic assessments of delivery models and data generated is now ready to be explored. The second annual *Pediatric Cardiac Fitness and Rehabilitation Programs for Congenital Heart Disease* webinar is designed to take the next step in the emerging field of pediatric cardiac rehabilitation and structured exercise therapeutics by highlighting outcomes. This interactive course will allow a platform for collaborators at various institutions to share their initial methods and data.

Live facilitated workshops will be utilized for discussions around refining outcome measures and future research objectives. The expected output would be a better understanding of types of delivery models and identifying standardized outcome measures.

### Course Format

The course will be fully digital and presented via Zoom in two sessions:

Friday, September 24, 2021, from 7:30-9 p.m. EST

Saturday, September 25, 2021, from 9 a.m.–2:45 p.m. EST

The dynamic learning format of the course has been optimized for the virtual classroom and will include lectures, question and answer sessions, interactive workshops, networking opportunities, and more.



### Target Audience

Specialties - Cardiology, Exercise Physiology

Professions - Exercise Physiologist, Nurse, Nurse Practitioner, Physician, Physician Assistant, Student/Trainee

### Objectives

Upon completion of this course, participants will be better able to:

1. Demonstrate an understanding of the various types of patient and program delivery methods and assessments.
2. Identify, examine and critique standardized patient and program outcome measures.
3. Identify innovative fitness approaches that can be developed and/or implemented in pediatric cardiac fitness and rehabilitation programs.

### Registration

Registration Type	Ends 8/21/21	After 8/21/21
Physician	\$350	\$400
Physician Assistant, Nurse Practitioner, Nurse	\$200	\$250
Exercise Physiologist	\$200	\$250
Trainee/Student	\$100	\$150

Pre-registration is required. Once you have registered you will receive a confirmation email with a registration receipt. Course access instructions will be sent a few days prior to the course launch.

If you have questions or need assistance with registration, please direct all inquiries to: [cmedepartment@childrens.harvard.edu](mailto:cmedepartment@childrens.harvard.edu)

### Online Course Cancellation, Transfer & Refund Policy

Due to the propriety materials and content of each course, online virtual courses orders are NOT eligible for refund, cancellation or transfer.

### Other Terms and Conditions:

Online training courses may NOT be transferred to another Participant.

Participants have 2 weeks to access any virtual online course content.

Participants have until the expiration date to access and complete any enduring material courses.

Boston Children's Hospital CE is not responsible for user technical difficulties including loss of internet, power outages, etc.

### Accreditation

In support of improving patient care, Boston Children's Hospital is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician

Boston Children's Hospital designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

### Nurse

Boston Children's Hospital designates this activity for 7.25 contact hours for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### Physician Assistants

Boston Children's Hospital has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credits for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Register | [bostonchildrens.cloud-cme.com/CHDFitness2021](https://bostonchildrens.cloud-cme.com/CHDFitness2021)

### Schedule EST

#### Friday, September 24, 2021

7:30 - 9 p.m. Virtual Meet-up with Special Guest Speaker | "Humor as a Motivational Tool"

#### Saturday, September 25, 2021

8:30 - 9 a.m. Virtual Registration

9 - 9:15 a.m. Introduction: Controversies in Outcome Measures  
Tracy Curran, PhD, CAGS; Naomi Gauthier, MD; Julie Ann O'Neill, MS

9:15 - 9:45 a.m. Inpatient Program/Patient Data and Outcomes  
Maria Ina Bunyi, MD

9:45 - 10:15 a.m. In-person Program/Patient Data and Outcomes  
Samuel G Wittekind, MD, MSc, FACC; Justine Shertzer, MS, CCRP

10:15 - 10:30 a.m. Break

10:30 - 10:50 a.m. Workshop with Breakout Rooms

10:50 - 11:30 a.m. Report Back and Group Discussion

11:30 a.m. - noon Humanism and Motivation

Noon - 12:30 p.m. Lunch

12:30 - 1 p.m. Home-Based Patient/Program Data and Outcomes  
Barbara Cifra, MD

1 - 1:30 p.m. Hybrid Patient/Program Data and Outcomes  
Tracy Curran, PhD, CAGS; Naomi Gauthier, MD; Julie Ann O'Neill, MS

1:30 - 1:45 p.m. Workshop with Breakout Rooms

1:45 - 2:15 p.m. Report Back and Group Discussion

2:15 - 2:30 p.m. Pulling Together Next Steps

2:30 - 2:45 p.m. Closing Wrap-up and Quote  
Tracy Curran, PhD, CAGS; Naomi Gauthier, MD; Julie Ann O'Neill, MS

### Cancellation of Services

Although highly unlikely, in case an event is canceled or postponed, Boston Children's can provide a full refund or offer a credit towards future events to those who have already registered.

### Refund Policy

Refunds will be made in the following ways:  
For payments received by credit or debit cards, the same credit/debit card will be refunded.

### Disclosure Policy

Boston Children's Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is Boston Children's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that Boston Children's may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations

