



## The 2021 Micheli Lecture: Youth Sports in the Era of COVID-19

In Person or Online |

Sunday, September 26, 2021, 8 a.m.–2 p.m.

Register today: [bostonchildrens.cloud-cme.com/micheli2021](https://bostonchildrens.cloud-cme.com/micheli2021)

### Overview

The 2021 Micheli Lecture: Youth Sports in the Era of COVID-19, will be comprised of a series of lectures and question and answer sessions/discussions regarding the impact of the pandemic on youth sports, including new limitations surrounding specialty training in clinician education in sports medicine, athlete health concerns with a discussion of viral illnesses in sport, cardiac manifestations and an update on the current recommendations to guide safe return to sport. The meeting will be offered as a hybrid format, with expert faculty panel discussions on difficult decision making scenarios and active question and answer.

### Course Format & Location

This year's course will offer both in-person and virtual registration options for participants. Please see registration section below for pricing and details.

The in person course will be held at:

Folkman Auditorium at Boston Children's Hospital

Enders Building | 300 Longwood Avenue, Boston, MA 02115

The virtual course will be presented over Zoom.

Course attendees who opt for the virtual conference will receive access information via email prior to the start of the course.



### Objectives

Upon completion of this course, participants will be better able to:

1. Discuss the health manifestations/risks afforded by athletes including respiratory, cardiac, musculoskeletal, delayed surgery.
2. Maintain an increased knowledge base of current safe practices/guidelines surrounding return to sport and safe play recommendations.
3. Understand the changes that were made when educating sports medicine physicians, the challenges and accomplishments.

### Registration

Pre-registration is required. Once you have registered you will receive a confirmation email with a registration receipt. Course access instructions will be sent 24 hours prior to the course launch. Please use an email address that you check frequently, as it will be used to send important information about the course.

### In-Person Registration

If you wish to attend the conference in person on September 26, 2021 please select one of the below registration fees when completing the registration form. **Early bird registration ends August 1, 2021.**

Registration Type	Ends 8/1/21	After 8/1/21
Physician	\$155	\$185
Psychologist & Psychiatrist	\$155	\$185
Resident & Fellow	\$100	\$120
Nurse, Nurse Practitioner, Physician Assistant	\$100	\$120
Physical Therapist	\$100	\$120
Athletic Trainer	\$75	\$85
Other Professional	\$75	\$85
Student	\$50	\$60

### Virtual Registration

If you wish to attend the online, live stream version of the conference on September 26, 2021 please select one of the registration fees below when completing the registration form.

Physician Virtual	\$115
Psychologist & Psychiatrist Virtual	\$115
Resident & Fellow Virtual	\$75
Nurse, Nurse Practitioner, Physician Assistant Virtual	\$75
Physical Therapist Virtual	\$75
Athletic Trainer Virtual	\$55
Other Professional Virtual	\$55
Student Virtual	\$40

Pre-registration is required. Once you have registered you will receive a confirmation email with a registration receipt. If you have questions or need assistance with registration, please direct all inquiries to: [cmedepartment@childrens.harvard.edu](mailto:cmedepartment@childrens.harvard.edu)

### Accreditation

In support of improving patient care, Boston Children's Hospital is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician

Boston Children's Hospital designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

### Nurse

Boston Children's Hospital designates this activity for 3.5 contact hours for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### Physician Assistants

Boston Children's Hospital has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credits for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### Athletic Trainer

Boston Children's Hospital (BOC AP# P10089) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3.5 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

### Physical Therapists

CREDITS PENDING REVIEW FROM APTA MA.

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### Schedule

#### Sunday, September 26, 2021

8 - 8:05 a.m.	<b>Welcome</b> Andrea Stracciolini, MD & Dennis Kramer, MD
8:05 - 8:20 a.m.	<b>The Education Pivot for Medical and Surgical Trainees During COVID-19 Pandemic</b> Cynthia Stein, MD & Ben Heyworth, MD
8:20 - 8:35 a.m.	<b>Epidemiology of COVID-19 and Youth Sports Participation During COVID-19</b> Jessica Flynn, MD
8:35 - 8:50 a.m.	<b>Cardiac Manifestations and Return to Play</b> Gianmichel Corrado, MD
8:50 - 9:10 a.m.	<b>Morning Q&amp;A and Break</b>
9:10 - 9:25 a.m.	<b>Current Recommendations on Returning to Youth Sports Following COVID-19 Infection</b> Hung Le, MD
9:25 - 9:40 a.m.	<b>Clinical Ramifications of Postponed Surgery Secondary to COVID-19</b> Melissa Christino, MD
9:40 - 9:55 a.m.	<b>Mindset Matters: Managing Expectations for Return-to-Sport Post-Pandemic</b> Kelsey Griffith, MS
9:55 - 10:10 a.m.	<b>Team Physician Challenges During COVID-19 Pandemic (from the NWHL perspective)</b> Pierre d'Hemecourt, MD
10:10 - 10:55 a.m.	<b>Mid-morning Q&amp;A &amp; Outdoor Snack Break</b>
10:55 - 11:10 a.m.	<b>Challenges Faced by Athletic Trainers During COVID-19 Pandemic</b> Rick Burr, MS, LAT, CSCS, ITAT, ICSM D3
11:10 - 11:50 a.m.	<b>Five Lessons Learned in the Youth Sports World From the COVID-19 Pandemic</b> Jordan Metz, MD
11:50 a.m. - 12:05 p.m.	<b>Training Athletes for Return-to-Sport After Being Sidelined by a Global Pandemic</b> Sara Carpenito, MS, L/ATC
12:05 - 12:25 p.m.	<b>Afternoon Q&amp;A</b>
12:25 - 12:45 p.m.	<b>How COVID-19 Changed the Game for Youth Sports (Virtual)</b> Tom Farrey, BA
12:45 - 1 p.m.	<b>Making Lemonade out of Lemons</b> Mininder Kocher, MD
1 - 1:30 p.m.	<b>Afternoon Q&amp;A &amp; Wrap-up</b>

### Disclosure Policy

Boston Children's Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is Boston Children's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that Boston Children's may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

